## TIPS

## Co-Facilitating an IPE Reflection Session

- Set ground rules with participants. Identify session goals.
- Listen actively to what is said and not said.
- Ask rather than tell.
- Summarize key points.
- Encourage all group members to participate and interact.
- Keep it 'real': Use learner experiences as a starting point.
- 'Surface' issues and help the group find common ground.
- Stimulate curiosity and open reflection.

- Role model IP collaboration, address use of jargon.
- Balance group task and process.
- Create a safe learning environment, acknowledging ideas without judgment or criticism.
- Co-facilitate with someone from a different profession!
- De-brief with your co-facilitator after the session.
- Enjoy learning about, from and with each other!



## What is Facilitation?

"Facilitation is the process of guiding groups, or individuals to learn, find solutions, or reach consensus without imposing or dictating an outcome. Facilitation empowers individuals or groups to learn for themselves and to establish solutions to problems collaboratively" (Centre for IPE, 2013, p. 1).

Centre for Interprofessional Education (IPE), University of Toronto. (2013). *General Facilitation Skills, Version 1.1. 10/18/2013.* Retrieved from http://ipe.utoronto.ca/content/general-facilitation-guide



This TIPS card was prepared by the IPE for IENs Project Core Team from George Brown College, Bridgepoint, Sinai Health System, and Toronto Rehabilitation Institute: University Health Network. March 2016.